



## 10 to 14 days follow-up (suite)

### Physical Examination (use corrected age if born preterm)

Weight\*: \_\_\_\_\_ Perc: \_\_\_\_\_ Length: \_\_\_\_\_ Perc: \_\_\_\_\_ HC: \_\_\_\_\_ Perc: \_\_\_\_\_ W/L: \_\_\_\_\_

\* Minimum 20-30 per day

General appearance: \_\_\_\_\_

- ☐ Fontanelle, sutures
- ☐ Head shape
- ☐ Red reflex
- ☐ ENT
- ☐ Neck (torticollis?)
- ☐ Clavicles
- ☐ Heart
- ☐ Lungs

- ☐ Abdomen, umbilicus
- ☐ Limbs
- ☐ Hips (Ortolani Barlow)
- ☐ Femoral pulses
- ☐ External genital organs (testicles ♂)
- ☐ Sacro-iliac region (sinus dimple)
- ☐ Anus
- ☐ Teguments (jaundice): \_\_\_\_\_

Sentinel lesions (bruise, intra-oral injury, subconjunctival hemorrhage or other?): \_\_\_\_\_

- ☐ Symmetrical Moro reflex

#### DORSAL POSITION

- ☐ Flexion of 4 limbs
- ☐ Fluid, symmetrical limb movements

#### PULL-TO-SIT

- ☐ Head lag

### Observations

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### Promotion of Healthy Lifestyles and Preventive Advices

- ☐ **Support for breastfeeding**
- ☐ **Safety** (smoke detector, **sun protection**, **firearms safety**)
- ☐ Tips for preventing SIDS:
  - Sleeps on back only
  - Share room with parents until 6 months, separate beds
  - Ambient To: about 20°C
  - Avoid passive smoking
  - Up-to-date vaccinations for child and family
  - Breastfeeding has a protective effect
- ☐ **No bottle in bed**
- ☐ **Plagiocephaly prevention**
  - ☐ Early consultation if fever ( $\geq 38^{\circ}\text{C}$  rectal)
  - ☐ Prevention of Trauma Head Injury due to Child Maltreatment (PURPLE cry)
- ☐ **Discuss vaccination**
- ☐ Foreskin care
- ☐ **Lead-free ammunition**

### Impressions and Plan

#### Impressions

- ☐ Physical health: \_\_\_\_\_
- ☐ Growth: \_\_\_\_\_
- ☐ Development: \_\_\_\_\_
- ☐ Other impression(s): \_\_\_\_\_

#### Plan

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#### General conduct

- ☐ **Vaccine against hepatitis B: check HBIG and first vaccine given in neonatal period in case of a baby of a mother carrying HBsAG(\*)**
- ☐ **Nirsevimab (1 dose per viral season, check eligibility)**
- ☐ **BCG: : if SCID result is negative (check Decision\_Making Algorithm -BCG vaccination)**
- ☐ **Vision and hearing test (\*)**
- ☐ **Give vaccination kit for children**
- ☐ **Iron supplement if premature baby**
- ☐ **Suggest parents to participate in SIPPE (Ilagiilluta) activities if available in the village**

Signature : \_\_\_\_\_ Next appointment: \_\_\_\_\_

(\*) If the child is at risk, see Recommendations: <https://enseignement.chusj.org/fr/Formation-continue/ABCdaire/recommandations>.

**bold = A**, *italic = B*, regular = C or I, **underlined** = MSSSQ good clinical prevention practices.

By Gilles Brunet, MD, Gilles Cossette, IPSPL, Dominique Cousineau, MD, FRCPC, Danièle Lemieux, MD, Lise Bélanger, MD, FRCPC, Alena Valderrama, MD, FRCPC, Julie Desjardins, MD.

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