

Development Surveillance

Social and Emotional

- Plays with other children (mainly parallel play).
- Plays and actively explores his/her environment, at a distance from the adult.
- Demonstrates several types of emotions (e.g., is he sometimes embarrassed, proud, ashamed, happy, angry?).
- Likes to do tasks independently.
- Asserts himself/herself by expressing disagreement (e.g., "Don't want to" [ruma-nggi (t)]).
- Seeks help from the adult.

Red Flags

- Stays angry longer than other children of the same age (hits, screams, breaks objects, bites)
- Moves one side of his body little or not at all in relation to the other side (asymmetrical use: avoids using one hand, keeps one hand more closed than the other).
- Cannot walk unaided. Always walks on tiptoes.
- Does not look at the person when talking to him/her (lack of eye contact).
- Does not show any interest in the adults or children around him/her.
- Does not point with a finger to ask or show.
- Seems not to hear well.
- Seems not to see well.
- Loses a skill he or she has already learned (regression).

Physical Exam

Weight: _____ Perc: _____ Height: _____ Perc: _____ BMI: _____ Perc: _____

General appearance: _____

***Remember to look for active tuberculosis if there is a delay in height and weight

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| <ul style="list-style-type: none"> <input type="checkbox"/> Red reflex <input type="checkbox"/> Corneal light reflex <input type="checkbox"/> Covered/uncovered test <input type="checkbox"/> Ocular tracing | <ul style="list-style-type: none"> <input type="checkbox"/> ENT <li style="padding-left: 20px;">Eardrums: _____ <input type="checkbox"/> Teeth (cavities?): _____ <input type="checkbox"/> Heart <input type="checkbox"/> Lungs | <ul style="list-style-type: none"> <input type="checkbox"/> Abdomen <input type="checkbox"/> External genital organs <input type="checkbox"/> Skin: _____ <li style="padding-left: 20px;">Unexplained lesions?: _____ <input type="checkbox"/> Gait: _____ |
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Observations: _____

Promotion of Healthy Lifestyles and Preventive Advices

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| <ul style="list-style-type: none"> <input type="checkbox"/> Encourage weaning from pacifier <input type="checkbox"/> Avoid juice, offer water instead <input type="checkbox"/> Offer a variety of foods from the 3 food groups: vegetables and fruits, whole grain products and protein foods including \geq rich-iron foods <input type="checkbox"/> Promote healthy eating behaviours: involve children in preparing meals and snacks, encourage family meals | <ul style="list-style-type: none"> <input type="checkbox"/> Recommend tooth brushing 2 times a day with fluoride toothpaste (the size of a grain of rice) <input type="checkbox"/> Limited screen time (maximum 1 hour/d) shared with caregiver ○ Promoting a traditional and varied diet <input type="checkbox"/> Encourage a smoke-free environment | <ul style="list-style-type: none"> <input type="checkbox"/> Safety (sun protection and seasonal protection, choking, poisoning, drowning, supervision outdoors, dog bites) <input type="checkbox"/> Encourage a good playing posture on the ground <input type="checkbox"/> Immunization: support for reluctant parents ○ Prevention of sexual abuse ○ Parenting skills: refer to Inunnguiniq Child Dev't Pamphlets 24-36 months ○ CBC, ferritin if at risk (*) ○ Blood lead test? (*) |
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Impressions and Plan

Impressions

- Physical health: _____
- Growth: _____
- Development: _____
- Other impression(s): _____

Plan

Refer to Tasiurtigiit program if any of the developmental items have not been met or if developmental difficulties or delays are suspected

Refer to audiology if language delay or parental concerns about hearing

Suggest parents to participate in SIPPE (Ilagiilluta) activities if available in the village

General conduct

- Immunization:**
- Refused Postponed
- Regular visits to the dentist (in priority if cavities)**
 - Lipid profile? (*)
 - Referral if overweight or obesity*
 - Blood lead test? (*)
- _____

Signature : _____ Next appointment: _____