



## Under 1 week follow-up (suite)

### Physical Exam (use corrected age if born preterm)

Birth date: \_\_\_\_\_ Birth time: \_\_\_\_\_ Gestational age: \_\_\_\_\_

Birth weight: \_\_\_\_\_ Weight at hospital discharge or at last visit with midwife: \_\_\_\_\_

Bilirubinemia at discharge: \_\_\_\_\_

Calculate weight gain in gram per day:

Date: \_\_\_\_\_ Age in hours or days: \_\_\_\_\_ Weight: \_\_\_\_\_ } Calculate weight gain in g/day \_\_\_\_\_ g  
Date: \_\_\_\_\_ Age in hours or days: \_\_\_\_\_ Weight: \_\_\_\_\_ }

The child should begin to regain weight from day 3 and should then gain a minimum of 30g per day

General appearance: \_\_\_\_\_

- |  |  |
|--|--|
| <input type="checkbox"/> Fontanelle, sutures | <input type="checkbox"/> Heart   |
| <input type="checkbox"/> Head shape          | <input type="checkbox"/> Lungs   |
| <input type="checkbox"/> Red reflex          | <input type="checkbox"/> Signs of jaundice: yellow conjunctiva, yellow face, body or yellow limbs, sleepy baby |

### Observations

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### Promotion of Healthy Lifestyles and Preventive Advices

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|---|---|
| <input type="checkbox"/> Tips for preventing SIDS: <ul style="list-style-type: none"> <li>- Sleeps on back only</li> <li>- Share room with parents until 6 months, separate beds</li> <li>- Ambient temperature 20°C</li> <li>- Avoid passive smoking</li> <li>- Up-to-date vaccinations for child and family</li> <li>- Breastfeeding has a protective effect</li> </ul> | <input type="radio"/> No bottle in bed<br><input type="checkbox"/> Early consultation if fever ( $\geq 38^{\circ}\text{C}$ rectal) or hypothermia<br><input type="checkbox"/> Foreskin care |
|---|---|

### Impressions and Plan

#### Impressions

- ☐ Physical health: \_\_\_\_\_
- ☐ Growth: \_\_\_\_\_
- ☐ Development: \_\_\_\_\_
- ☐ Other impression(s): \_\_\_\_\_

#### Conducts

- Consult the midwife on duty or the doctor during the day if:
- jaundice appears in the chest area or the limbs
  - progressive jaundice
  - jaundice still present at one week of age
  - Less than 8 to 12 feeds per day
  - poor weight gain (less than 30g per day after 72 hours of age)
  - meconium stool still present at day 3

#### General Conduct

- ☐ **Neonatal blood and urine test**  
☐ Yes ☐ Refused
- ☐ **Vaccine against hepatitis B: check HBIG and first vaccine given in neonatal period in case of a baby of a mother carrying HBsAG (\*)**
- ☐ **Nirsevimab (1 dose per viral season, check eligibility)**
- ☐ See the baby again in 2 days if necessary
- ☐ Schedule next appointment for 10-14 days of life

Signature: \_\_\_\_\_ Next appointment: \_\_\_\_\_

(\*) If the child is at risk, see Recommendations: <https://enseignement.chusj.org/fr/Formation-continue/ABCdaire/recommandations>.

(\*) If the child is at risk, see guide. Recommendations: **bold = A**, *italic = B*, regular = C or I, underlined = MSSSQ good clinical prevention practices.