

Physical Examination (age corrected on growth charts if premature)

Weight: _____ Perc: _____ Height: _____ Perc: _____ CP: _____ Perc: _____ W/H: _____

General appearance: _____

- Fontanelles, sutures
- Head shape
- Red reflex*
- Corneal reflex test*
- Eye pursuit*
- ENT
- Neck (torticollis?)

- Heart
- Lungs
- Abdomen
- Limbs
- Hips (Ortolani Barlow)
- External genital organs (testicles♂)
- Teguments (jaundice): _____
- Suspicious lesions?: _____

DORSAL POSITION

- Turns head to both sides
- Fluid, symmetrical limb movements

VENTRAL POSITION

- Raises head 45° with support on forearms

PULL-TO-SIT

- Better control of head

Observations

Promotion of Healthy Lifestyles and Preventive Advices

- | | | |
|--|--|---|
| <ul style="list-style-type: none"> <input type="checkbox"/> Support for breast-feeding <input type="checkbox"/> Avoid screens (TV, tablet, telephone) <input type="checkbox"/> Ventral position 30 min/day while awake <input type="checkbox"/> Good sleep hygiene: 14-17 h/24 h | <ul style="list-style-type: none"> <input type="checkbox"/> Safety (<i>falls, choking, flammable pyjamas, sun protection</i>) <input type="checkbox"/> Sleeps on back only <input type="checkbox"/> Passive smoking <input type="radio"/> No bottle in bed | <ul style="list-style-type: none"> <input type="radio"/> Prevention of shaken-baby syndrome <input type="checkbox"/> Plagiocephaly prevention <input type="checkbox"/> Nasal hygiene <input type="radio"/> What to do in case of fever <input type="checkbox"/> Stimulation of development (see guide) |
|--|--|---|

Impressions and Conducts

Impressions

- Physical health:

- Growth:

- Development:

- Other impression(s):

Conducts

General conduct

Immunization:

- Refused Postponed
- DTaP-HB-Polio-Hib**
 - Rotavirus vaccine**
 - Conjugated pneumococcal vaccine**
 - Synagis® if eligible**
 - Meningococcal A, C, Y, W₁₃₅ vaccine (*)*
 - Meningococcal B vaccine (*)*

- Tools or resources for parents:

Signature : _____ Next appointment: _____

(*) If the child is at risk, see guide.

Recommendations: **bold = A**, *italic = B*, regular = C or I, **underlined** = MSSSQ good clinical prevention practices.

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